

# Sea Stars Synchronized Swimming Club

## REGISTRATION FORM 2018 – 2019

ATHLETE PERSONAL INFORMATION	
NAME:	
DATE OF BIRTH:	
MAILING ADDRESS:	
CONTACT PHONE:	
CONTACT EMAIL(S):	
HEALTH CONCERNS, ALLERGIES, MEDICATION USE OR PERSONAL NEEDS OF WHICH THE COACH SHOULD BE AWARE	
EMERGENCY CONTACT INFORMATION	
PARENT / GUARDIAN NAME(S):	
PHONE NUMBER(S):	
ALTERNATE CONTACT(S):	
PHONE NUMBER(S):	

Complete Registration Forms and submit by email to: [Seastarssynchro@gmail.com](mailto:Seastarssynchro@gmail.com) or drop off at the SeaStars mailbox at the Aquarena reception.

Submit anytime. Sessions begin September 6<sup>th</sup>, 2018, Thursday.

# RELEASE, INDEMNIFICATION AND CONSENT

## (for swimmers under age)

In consideration of the Sea Stars Synchronized Swimming Club accepting the enrolment of \_\_\_\_\_ in the synchronized swimming program of the club. I, \_\_\_\_\_, the parent/guardian of \_\_\_\_\_ hereby for myself, my heirs, executors, administrators and assigns agree and do hereby release, indemnify and save harmless the Sea Stars Synchronized Swimming Club, their servants, agents, sponsors, volunteers or employees from any and all claims or demands whatsoever made against the Sea Stars Synchronized Swimming Club, its servants, agents, sponsors, volunteers or employees arising from or in consequence of the a- forenamed participation with the Sea Stars Synchronized Swimming Club notwithstanding that any such claims or demands may arise out of the negligence of the Sea Stars Synchronized Swimming Club, its servants, agents, sponsors, volunteers or employees.

In further consideration of the Sea Stars Synchronized Swimming Club, accepting the enrolment of the a-forenamed, I do hereby provide my consent for the participant's travel with the Sea Stars Synchronized Swimming Club to those meets and events organized by or for the participation of the Sea Stars Synchronized Swimming Club as may arise from time to time and throughout the enrolment of the participant and further consent to the said participant's involvement in all supervised activities that may be included as part thereof.

Dated at the City of St. John's, in the Province of Newfoundland-Labrador, this \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_.

\_\_\_\_\_ (Parent / Guardian Signature)

\_\_\_\_\_ (Please print Parent / Guardian Signature)

\_\_\_\_\_ (Witness Signature)

\_\_\_\_\_ (Please print Witness Signature)

# COMPETITIVE TEAM COMMITMENT AGREEMENT 2018 – 2019

Athletes and parents must be aware that competitive team practices are COMPULSORY. Prolonged or frequent absence from practice creates difficulty for both the coach and the team to develop, rehearse, and perfect their routine. Any absence should be reported to the coach by email, telephone or text as soon as possible before the practice.

In particular, the two weeks leading up to each competition is critical and no practice should be missed for any reason. This team commitment involves the entire swim season (September to June). If a swimmer wishes to become involved with any new activity during the swim year, (such as a job, school sport or activity) then the swimmer and the parent(s)/guardian(s) must contact the team coach to discuss the commitment involved and ensure that it does not conflict with the team's practice and competition schedule.

For any extended absence a doctor's note is required detailing the illness or injury. After an injury there must be approval from the parent(s)/guardian(s) that the swimmer can return fully to practice.

Unless the illness or injury is contagious or debilitating, the swimmer is expected to be on deck during the scheduled practices.

If the coach feels a swimmer is missing too many practices or sitting out too often, they will contact you.

Should any issue come up, your first contact is with the coach. Please do so as soon as possible. Either telephone your coach or speak with her in private after a scheduled practice. If the issue cannot be resolved in this manner, please contact our Head Coach and then the Club Executive accordingly.

We thank you in advance for your understanding, support and co-operation.

Sincerely, Your Sea Star Coaches & Club Executive

We have read and understood the Competitive Team Commitment Agreement.

Athlete: \_\_\_\_\_ (Signature)

Parent/Guardian: \_\_\_\_\_ (Signature)

\_\_\_\_\_ (Printed Name)

\_\_\_\_\_ (Printed Name)

Date: \_\_\_\_\_

# PHOTO / VIDEO RELEASE FORM



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I, \_\_\_\_\_ hereby give permission for images of my child, \_\_\_\_\_ captured during regular and special synchronized swimming events and activities through video, photo and digital camera to be used solely for the purposes of the Sea Stars Synchronized Swimming Club promotional material and publications, and waive any rights of compensation or ownership thereto.

Parent/Guardian: \_\_\_\_\_  
\_\_\_\_\_ (Signature) (Printed Name)

Date: \_\_\_\_\_

## 2018 – 2019 PROGRAM SCHEDULES & FEES

PROGRAMS/TEAMS	THURS	SAT	SUN
<b>New Swimmer</b> - Suitable for swimmers 5 and above with some comfort in the deep end. No synchro experience necessary. Runs September to May.			
Once per week - 1.5 hours - Pick one session Fee \$75/month	5-6:30pm <input type="checkbox"/>	4-5:30pm <input type="checkbox"/>	9-10:30am <input type="checkbox"/>
<b>Returning or New Swimmer</b> - Suitable for swimmers with some synchro experience or a stronger new swimmer. 2 sessions per week. Runs September to May.			
Twice per week – Pick two sessions Fee \$110/ month	5-6:30pm <input type="checkbox"/>	5:30-7pm <input type="checkbox"/>	9-10:30am <input type="checkbox"/>

Registration fee - \$50 payable in Sept and \$50 payable in Jan (includes Synchro Canada fees)

<b>Competitive Provincial Stream</b> – Teams will be formed, following assessment at beginning of year, based on athlete age and best fit within a team. Depending on skill level, 1 out of Province meet can be expected in addition to local competitions. Practice times are as follows and will be based on age and skill level as well.			
Fees - Monthly \$185/220 per month			
Team Red – less experienced, younger		5:30-7:30	4-6
Team Blue – more experienced, older, stronger skills	Tuesday – Dryland (Time TBD)	5:30-7:30	4-6
			8:30-11

Registration fees - \$150 payable in September and \$150 payable in January.

- Includes Synchro Canada fee and local competition fees.
- Additional payment may be required for off island competition fees.
- Off island travel costs including coach travel will be in addition to costs above.

We reserve the right to alter practice times depending on registration received.

ALL ABOVE SESSIONS HELD AT AQUARENA

## Extra Routines

Solo and Duet Routines will be determined following registration. An extra fee will apply to solo and duet routines.

## Fee Payment Methods

### New and Returning Swimmers:

Registration fees are due September and January.

#### Program Payments can be made in:

- Single payment (lump sum) beginning of year
- Two payments – one in September and one in January
- Monthly at the first of each month

#### Payment Methods:

- Pay via paypal/ credit card on SeaStars website
- E-transfer to [seastarssynchro.treasurer@gmail.com](mailto:seastarssynchro.treasurer@gmail.com) – password Synchro
- Cheques made payable to SeaStars Synchro (post-dated preferred) monthly. Provided to SeaStars mailbox behind Aquarena reception attention SeaStars or provided to Treasurer. **Note swimmer name on cheque.**

### Competitive Provincial Stream Swimmers:

Registration fees are due September and January.

#### Program Payments can be made in:

- Single payment (lump sum) beginning of year
- Two payments – one in September and one in January
- Monthly at the first of each month

#### Payment Methods:

- E-transfer to [seastarssynchro.treasurer@gmail.com](mailto:seastarssynchro.treasurer@gmail.com) – password Synchro
- Cheques made payable to SeaStars Synchro (post-dated preferred) monthly. Provided to SeaStars mailbox behind Aquarena reception attention SeaStars or provided to Treasurer. **Note swimmer name on cheque.**
- If you wish to pay via credit card/ paypal, contact the treasurer. An extra fee will apply.

#### Closures

- Remembrance Day – Aquarena closed.
- Coaches will advise of any further closures throughout year. Make up sessions are expected to be provided.

# 2018 – 2019 NATIONAL STREAM PROGRAM SCHEDULES & FEES

PROGRAMS/TEAMS	TUE	THURS	SAT	SUN
<b>National</b> Runs from September to June 2-3 Competitions off-island plus local competitions Dryland at Provincial Training Centre – twice per week – timing TBD				
<b>Fee \$260/ month</b>	7-10 MUN	4:30-7:30 AQ *to be confirmed	2:30-5:30 AQ	7-11 AQ

Registration fees - \$150 payable in Sept and \$150 payable in January.  
Includes Synchro Canada fee and local competition fees.  
Additional fees required for remaining off island competitions and travel.

## Extra Routines

Solo and Duet Routines will be determined following registration  
Expected to be scheduled on Thursday  
An extra fee will apply to solo and duets at a cost of \$400 per swimmer – half payable In October and second half payable in January

## Fee Payment Methods

Payment is accepted in one lump sum at beginning of year or monthly the first of each month. Payment method for National Stream Swimmers:

- E-transfer to [seastarssynchro.treasurer@gmail.com](mailto:seastarssynchro.treasurer@gmail.com)
- Cheques monthly payable to SeaStars Synchro (post-dated preferred). All post-dated cheques can be left in the “Synchro Box” at the front desk of the Aquarena in a clearly marked envelope Attention: Sea Stars
- If you wish to pay via credit card/ paypal, contact the treasurer to determine if arrangements can be made. An extra fee will apply.

## Closures

- Remembrance Day – Aquarena closed.
- Coaches will advise of any further closures throughout year. Make up sessions are expected to be provided.